AUDIENCE

The target audience of this conference includes physicians, nurse practitioners, physician assistants, nurses and other health care professionals who deliver primary care to children and adolescents. The program will be devoted to mental health, substance abuse, eating disorders and sleep.

CONTINUING EDUCATION CREDIT

University Health Services Professional Education Programs (UHS-PEP) of Virginia Commonwealth University Health System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UHS-PEP designates this live activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit pending.

This continuing education activity meets the criteria of Virginia Commonwealth University and the Southern Association of Colleges and Schools. 0.5 CEUs will be awarded and recorded with the University.

CONFERENCE LOCATION

Lewis Ginter Botanical Garden | 1800 Lakeside Avenue | Henrico, VA 23228

REGISTRATION

The $50 registration fee includes continental breakfast and lunch. Please make checks payable to Children’s Hospital of Richmond at VCU. For more information contact Sherry Black at 804.228.5971 or sblack@chva.org.

KEYNOTE ADDRESS

Bela Sood, MD, FAACP
Professor and Policy Director
Child and Adolescent Psychiatry
Children’s Hospital of Richmond at VCU

ADDITIONAL SPEAKERS

Justin Brockbank, MD
Director of Pediatric Sleep Medicine
Assistant Professor
Division of Pulmonary Medicine
Children’s Hospital of Richmond at VCU

Richard Brookman, MD
Professor and Chief
Division of Adolescent Medicine
Children’s Hospital of Richmond at VCU

Rachel Gow, PhD, LCP
Assistant Professor
Division of Endocrinology and Metabolism
Healthy Lifestyles Center
Children’s Hospital of Richmond at VCU

AGENDA

7:15 a.m.  Registration and continental breakfast

7:50  Welcome
Suzanne Lavoie, MD

8  Keynote Address: Are We Drugging Our Children? Rational Psychopharmacology for the Child Under Six
Bela Sood, MD
The participant will be able to:
1. Describe the epidemiology of mental health/behavioral disorders during early childhood.
2. Formulate rational treatment plans which may include medications.
3. Determine appropriate treatment and management including careful titration of medications.

Pediatric Psychopharmacology: Internalizing Disorders — Anxiety and Depression
Bela Sood, MD
The participant will be able to:
1. Describe the phenomenology of childhood anxiety and childhood depression.
2. Describe differential diagnoses and treatment approach of childhood anxiety and depression.
3. Broad treatment strategies including psychopharmacological treatment for childhood/adolescent anxiety and depression.
Children’s Hospital of Richmond at VCU and the American Academy of Pediatrics, Virginia Chapter present the 4th Annual:

Clinical Challenges in Pediatric Primary Care Conference

April 9, 2016  |  8 a.m. to 2:30 p.m.  |  Lewis Ginter Botanical Garden  |  1800 Lakeside Avenue  |  Henrico, VA 23228

AGENDA CONTINUED...

10:00 Break

10:15 Eating Disorders Across the Weight Spectrum
Rachel Gow, PhD
Participants will be able to:
1. Apply the DSM-V eating disorder diagnostic criteria and make differential diagnoses.
2. Discuss appropriate treatment approaches and external referrals within the primary care setting.

11:15 What’s Getting into Them Now?
Richard Brookman, MD
Participants will be able to:
1. Describe the most recent patterns of adolescent use of tobacco, alcohol and other substances.
2. Identify challenges in addressing changing patterns of adolescent substance use and abuse.

12:15 p.m. Lunch
AAP business and other introductions.

1:30

Sleep Disordered Breathing in Childhood
Justin Brockbank, MD
Participants will be able to:
2. Outline American Academy of Sleep Medicine guidelines regarding indications for sleep study in pediatric patients.
3. Discuss treatment options for obstructive sleep apnea in the pediatric population.

2:30 Evaluations and adjourn

Register online:
chrichmond.org/CME4916

Connect with CHoR:  /chrichmond  @ChildrensRVA

Please print name as you would like it to appear on name badge. Please include credentials (MD, CPNP, PhD, etc.)

VCU ALUMNUS STATUS  SCHOOL OF MEDICINE  SCHOOL OF NURSING  PEDIATRIC RESIDENCY  PEDIATRIC FELLOWSHIP

Please check one. Please check all that apply.

NAME  PRACTICE/HOSPITAL

EMAIL  PHONE

ADDRESS

Street

City

State

Zip

SPECIAL DIETARY NEEDS

PAYMENT  CHECK  |  CREDIT  VISA  MASTERCARD  AMEX  DISCOVERCARD

CARD NUMBER  NAME ON CARD  SECURITY CODE  EXP

REGISTRATION FEE: $50  |  PLEASE MAKE CHECKS PAYABLE TO: CHoR  |  REGISTER ONLINE: chrichmond.org/CME4916 or mail payment and registration to: Sherry Black, CHoR - Brook Road Campus, 2924 Brook Road, Richmond, VA 23220