The 53rd Annual Children’s Mental Health Symposium
BUILDING BLOCKS FOR EMOTIONAL HEALTH
Focused on promoting early childhood mental health & wellness
October 16, 2015 • Richmond, Virginia

Continuing Medical Education Presentations

AUDIENCE
The target audience of this CME offering includes physicians, nurse practitioners, physician assistants, nurses, psychologists, social workers or other health care professionals who deliver primary, specialty or emergency care to preschool children.

ACCREDITATION & CREDIT
University Health Services Professional Education Programs (UHS-PEP) of Virginia Commonwealth University Health System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UHS-PEP designates this live activity for a maximum of 2.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This continuing education activity meets the criteria of Virginia Commonwealth University and the Southern Association of Colleges and Schools. 0.25 CEUs will be awarded and recorded with the University.

CONFERENCE LOCATION
Hilton Richmond Hotel & Spa/Short Pump
12042 West Broad Street
Richmond, VA 23233

REGISTRATION
$50 registration fee. Please make checks payable to “Virginia Commonwealth University.” For more information please contact Delores Richards-Madikiza at 804.828.1123 or delores.richards-madikiza@vcuhealth.org

AGENDA
1:15 - 2:45
KEYNOTE ADDRESS: Connecting the Dots: Trauma, Epigenetics and Child Health (1.5 AMA PRA Category 1 Credits™)
Trauma exposure in children is unfortunately common and has significant long-term physical and mental health consequences. To date, although the connection between life-long health and early exposure to adversity is established, the mechanisms through which early adversity is biologically embedded remains unknown. Given the high rates of exposure to trauma in children worldwide, as well as the established negative effects, understanding these pathways and preventing the lasting negative effects represents a significant public health issue.

STACY DRURY, M.D., PH.D.
Vice Chair of Research, Department of Pediatrics and Remigio Gonzalez MD Professor of Child Psychiatry, Tulane University School of Medicine

LEARNING OBJECTIVES:
1. Describe the complex interaction between early life adversity, psychopathology and physical health.
2. Define the potential mechanisms through which early life adversity is biologically embedded, resulting in long-term health and emotional risk.
3. Recognize the buffering impact of the parent-child relationship on child long-term outcomes.

2:45 - 3:00 BREAK

REGISTER ONLINE: To register for the Symposium, go to http://go.vcu.edu/buildingblocks
3:00 - 4:00 BREAKOUT SESSIONS
(Choose one for 1.0 AMA PRA Category 1 Credits™)

Connecting the Dots: Trauma, Epigenetics
and Child Health Continued

STACY DRURY, M.D., PH.D.
(See description above)

OR...

Are We Drugging Our Children?
A Rational Psychopharmacology for the Child Under Six

BELA SOOD, M.D., FAACAP
Senior Professor and Policy Director, VCU Department
of Psychiatry, Virginia Treatment Center for Children

LEARNING OBJECTIVES:
1. Describe the epidemiology of mental health/
behavioral disorders during early childhood.
2. Formulate rational treatment plans for disorders
which may include medications.
3. Determine appropriate treatment and management
including careful titration of medications.

OR...

When Mommy Gets Depressed: Recognizing
and Responding to Depression during
Pregnancy and Postpartum

Speakers:

SUSAN G. KORNSTEIN, M.D.
Professor of Psychiatry and Obstetrics/Gynecology and
Executive Director, Institute for Women's Health, Virginia
Commonwealth University.

TRACYE WINGOLD, MSW, LCSW
Behavioral Health Resources Consultant, School of Social
Work, Virginia Commonwealth University.

PATRICIA KINSEY, PH.D., WHNP-BC, RN
Department of Family & Community Health Nursing,
Virginia Commonwealth University.

JENNIFER HINESLEY, PSY.D.
Licensed Clinical Psychologist, Assistant Professor Division
of Child and Adolescent Psychiatry, VCU Medical Center,
Virginia Treatment Center for Children.

LEARNING OBJECTIVES:
1. Define perinatal depression using DSM V criteria.
2. Describe how perinatal depression is diagnosed.
3. Determine appropriate treatment and management.

4:00 pm. EVALUATIONS AND ADJOURN

PLEASE CHECK ONE. □ DR. □ MRS. □ MS. □ MR.

PLEASE CHECK ALL THAT APPLY: □ SCHOOL OF MEDICINE □ SCHOOL OF NURSING □ PEDIATRIC RESIDENCY
□ PEDIATRIC FELLOWSHIP □ PEDIATRIC PSYCHIATRY FELLOWSHIP □ PSYCHIATRY RESIDENCY □ PSYCHIATRY FELLOWSHIP

NAME PRACTICE/HOSPITAL

E-MAIL PHONE

ADDRESS

SPECIAL DIETARY NEEDS

PAYMENT: □ CHECK Make check payable to “Virginia Commonwealth University” OR CREDIT: □ VISA □ MASTERCARD □ AMEX □ DISCOVERCARD

CARD NUMBER NAME ON CARD SECURITY CODE EXP /

REGISTRATION FEE: $50.00
REGISTER: ONLINE AT http://go.vcu.edu/buildingblocks OR BY MAIL Send payment and registration to: Delores Richards-Madikiza VTCC P.O. Box 980489 Richmond, VA 23298-0489